

• ELVERFELDT COACHING •
for Results

Coach Profile



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Quote: „We cannot solve problems with the same mindset that created them. “
(Albert Einstein)

Profession:

- ❖ **Graduate degree in psychology** (Diplom-Psychologin) with a major in economic psychology and a minor in business administration
- ❖ **Certified Coach** through Siemens AG Learning Campus as well as for Hogan Assessments and 360 Degree Feedback
- ❖ **40+ Additional training** in, e.g., Systemic Coaching, Coaching & Supervision, NLP, Family, Organizational and Structural Constellations, Kinesiology, Transactional Analysis, Group Dynamics, CEO Program: Coaching Excellence in Organizations, Essence Coaching, Mental Training as well as regular supervision.
- ❖ **Author** of the book and audio book „Selbstcoaching für Manager “as well as many articles in the FAZ, Handelsblatt and Wirtschaftswoche

Career:

Coaching experience since 1995

- ❖ **since 2001:** founder of Elverfeldt Coaching (serving mainly top management of DAX 40 companies): Individual Coaching, Team Coaching, Project Coaching, Coaching Training and Assessments
- ❖ former **second chairperson of ICF D** (International Coach Federation)
- ❖ **1995-2001:** Senior Consultant for Workforce Development (including Coaching and Training), Organizational Development, Change Management as well as Marketing and Strategy Counseling for KPMG and other organizations.
- ❖ **1992-1995:** Product Manager at Unilever and Wella (Marketing and Sales)

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Expertise:

- ❖ **Sparring partner** for role changes (onboarding + transitions) and current challenges to maintain and increase your success through change processes.
- ❖ **Optimizing your potential** as a leader and personality so you can become the best version of yourself. **Positioning** and **career planning**.
- ❖ **Charisma, convincing impact,** and **positioning** within the context of power so that you can effortlessly win others over and achieve your goals.
- ❖ **Serenity, resilience,** and **self-management**
- ❖ **Coaching** for **highly gifted** and **highly sensitive** people
- ❖ **Team coaching, Coach and Counselor** for **Transformational Processes**

Languages: Coaching in **German** and **English**

References (selected clients):

Bayer, BMW, Commerzbank, Continental, Daimler, Deutsche Bank, Deloitte, E.ON, Helaba, Merck, Nestlé, salesforce, Sanofi, Schaeffler, Schott, Siemens AG Learning Campus, thyssenkrupp, Vorwerk, ZF

My coaching Philosophy:

- ❖ You will become the best version of yourself by fully developing your **individual personality with all its potential**, even in the face of your current challenges. I will guide you down the path to maximizing your success and enjoying your life **without sacrificing your individuality**.
- ❖ Through coaching, you will step outside the aquarium of your professional life to view the fish from outside. Coaching will **provide** you with **new perspectives** and help you identify and **pursue your most urgent priorities**.

Methodology:

I work in the spirit of partnership and love to adapt **quickly** and **individually** to different people. I use my **broad repertoire** in a way that is personalized to the needs of each client:

- ❖ **Precise:** My talent is providing a precise and fast analysis of your personality, individual situation, and circumstances when we begin our work. In our first session you will receive a written personal profile of your strengths and weaknesses based on our initial consultation.
- ❖ **Pragmatic:** My focus is on the practical implementation of the solutions we develop in our work together.
- ❖ **Passionate:** My profession is my calling. Your success is my passion. That is why I am constantly improving my methods to remain at the cutting edge of my field.