

• ELVERFELDT COACHING •
for Results

Coach Profile



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Quote: „Problems can never be solved by means of the very thinking that caused them in the first place.“
(Albert Einstein)

Profession:

- ❖ Degree in psychology as academically trained psychologist (Diplom-Psychologin) with major in economic psychology and minor in business administration
- ❖ Certified Coach in the Coaching Pool of Siemens AG Learning Campus as well as for Hogan Assessments and 360 Degree Feedback
- ❖ **40+ additional trainings**, e.g. Systemic Coaching, Coaching & Supervision, NLP, Family-, Organisational- and Structural Constellations, Kinesiology, Transaction Analysis, Group Dynamics, CEO Program: Coaching Excellence in Organisations, Essence Coaching, Mental Training as well as continuous supervision
- ❖ **Author** of the (audio-) book „Selbstcoaching für Manager“, as well as of many articles in FAZ, Handelsblatt and Wirtschaftswoche

Career history:

Coaching experience since 1995

- ❖ since 2001: founder and sole proprietor of Elverfeldt Coaching (mainly top management of DAX 30 companies): Individual Coaching, Team Coaching, Project Coaching, Educational Coaching and Assessments
- ❖ former 2. chairwoman of ICF D (International Coach Federation)
- ❖ 1995-2001: Senior Consultant for workforce development (incl. Coaching and Training), Organisational Development, Change Management as well as Marketing- and Strategy Counseling for KPMG and others.
- ❖ 1992-1995: Product Manager for Unilever and Wella (Marketing and Distribution)

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Expertise:

1. **Sparring partner** for role changes (onboarding + transitions) and in current challenges in order to secure and maximise your success in times of change
2. Further unfolding of potentials as a leader and personality in order to help you become the best that you can be and to “make your diamond shine”.
3. **Charisma persuasive impression and positioning** when handling power; convince others of your own objectives
4. **Become aware of your own position and plan your career**
5. **Serenity and Self-Management**
6. **Coaching for highly sensitive and gifted people**

Languages: Coaching in **German and English** language

References:

List of clients (excerpt):

Bayer, BMW, Commerzbank, Continental, Daimler, Deutsche Bank, Helaba, Merck, Nestlé, PwC, salesforce, Sanofi, Schaeffler, Schott, Siemens AG Learning Campus, thyssenkrupp, Vorwerk, ZF

My understanding of coaching:

You will become the best that you can be by enfolding your individual personality with all its potentials, even in immediate challenges. This way, you will maximise your success and your vitality without giving up your individuality.

Using coaching sessions, you will be able to reach a higher level and take a judging perspective when observing your own life, enabling you to set your own priorities more precisely.

Method of operation:

My work is based on partnership, and I love to adjust quickly and individually to different people, offering them a wide but tailor-made coaching repertoire:

- ❖ **Precise:** my talent is a fast and precise analysis of your individual situation and environment. In the first coaching session, you will receive a written profile of your assets and weaknesses, based on our preliminary talk
- ❖ **Pragmatic:** my focus lies on the practical implementation of the solutions which I develop together with you
- ❖ **Passionate:** my job is my vocation. The client’s success is my desire. To this end, I keep developing my methods and stay cutting edge.

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