

• ELVERFELDT COACHING •  
for Results

## Coach Profile

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**Quote:** „Problems can never be solved by the same mindsets that created them. “  
(Albert Einstein)

### Professional:

- ❖ Graduate degree in psychology (Diplom-Psychologin) with major in economic psychology and minor in business administration
- ❖ **Certified Coach** in the Coaching Pool of Siemens AG Learning Campus as well as for Hogan Assessments and 360 Degree Feedback
- ❖ **Expert for 40+ additional trainings** such as Systemic Coaching, Coaching & Supervision, NLP, Family-, Organizational- and Structural Constellations, Kinesiology, Transaction Analysis, Group Dynamics, CEO Program: Coaching Excellence in Organizations, Essence Coaching, Mental Training, and continuous supervision.
- ❖ **Author** of the (audio-) book „Selbstcoaching für Manager“, as well as of many articles in FAZ, Handelsblatt and Wirtschaftswoche

### Career history:

#### Coaching experience since 1995

- ❖ **since 2001:** founder and sole proprietor of Elverfeldt Coaching (serving mainly top management of DAX 30 companies): Individual Coaching, Team Coaching, Project Coaching, Educational Coaching and Assessments
- ❖ **former second chairwoman of ICF D** (International Coach Federation)
- ❖ **1995-2001:** Senior Consultant for Workforce Development (incl. coaching and training), Organizational Development, Change Management and Marketing- and Strategy Counseling for KPMG and others.
- ❖ **1992-1995:** Product Manager for Unilever and Wella (marketing and distribution)

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**Expertise:**

- ❖ **Sparring partner** during role changes (onboarding + transitions) and in current challenges to maintain and further increase your success during changes.
- ❖ **Further potential development as a leader** and personality, so that you become the best version of yourself.
- ❖ **Charisma, convincing impact** and **positioning** also in dealing with power, so that you effortlessly win others for your goals.
- ❖ **Positioning and career planning.**
- ❖ **Serenity, resilience** and **self-management**
- ❖ **Coaching** for **highly gifted** and **highly sensitive people.**

**Languages:** Coaching in **German and English**

**References:**

**List of clients (excerpt):**

Bayer, BMW, Commerzbank, Continental, Daimler, Deutsche Bank, E.ON, Helaba, Innogy, Merck, Nestlé, PwC, salesforce, Sanofi, Schaeffler, Schott, Siemens AG Learning Campus, thyssenkrupp, Vorwerk, ZF

**My coaching understanding:**

You become the best version of yourself by fully developing your individual personality with all its potentials even in current challenges. This way you maximize your success & your joy of life without giving up your individuality.

Working with a professional coach enables you to see your current situation from a different perspective which leads to taking a bird's eye view and thus making better decisions and setting the right priorities.

**Method of working:**

I work in partnership and love to adapt quickly & very individually to different people and use my broad repertoire in a tailored way:

- ❖ **Precise:** my talent is a fast and precise analysis of your individual situation and environment. In the first coaching session you will receive a written strengths and weaknesses profile of your personality based on the preliminary interview.
- ❖ **Pragmatic** my focus is on the practical implementation of the jointly developed solutions.
- ❖ **Passionate:** my profession is my calling. Your success is close to my heart. To this end, I constantly develop my methods and stay up to date.